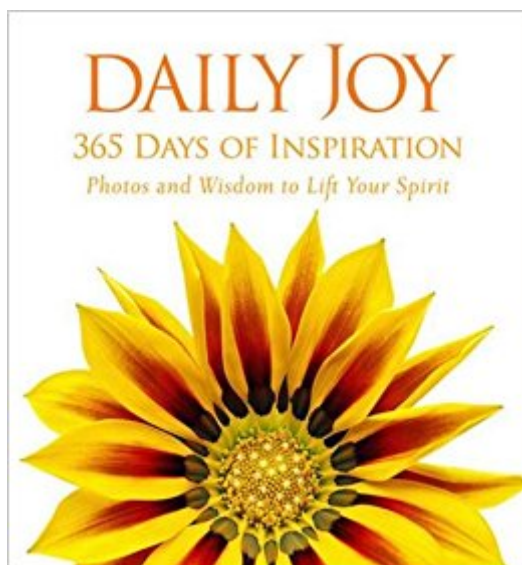


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# Daily Joy: 365 Days Of Inspiration



## Synopsis

The first in National Geographic's 365-photo-a-day line of inspirational books, *Daily Joy* unites inspiring words of joy with lovely National Geographic images of the world--a perfect gift to keep on your bedside table to read just before bed or first thing in the morning. Crafted in the tradition of the successful Offerings series from Abrams/Stewart Tabori & Chang, *Daily Joy's* elegant design features 365 days of gorgeous National Geographic photography, each one paired with a meaningful quotation, meditation, or thought that will help readers find joy every day of the year. Each month has a theme, and all the quotes are centered around it: January/Renewal: "Just where you are--that's the place to start." --Pema Chodron February/Love: "Love one another, but make not a bond of love: Let it rather be a moving sea between the shores of your souls." --Khalil Gibran March/Authenticity: "Happiness is when what you think, what you say, and what you do are in harmony." --Mahatma Gandhi April/Growth: "A jug fills drop by drop." --Buddha May/Courage: "It takes as much courage to have tried and failed as it has to have tried and succeeded." --Anne Morrow Lindbergh June/Perspective: "It does not do to dwell on dreams and forget to live." --J. K. Rowling July/Adventure: "Life itself is the proper binge." --Julia Child August/Freedom: "Freedom is from within." --Frank Lloyd Wright September/Purpose: "The right word may be effective, but no word was ever as effective as a rightly timed pause." --Mark Twain October/Fulfillment: "Ah! There's nothing like staying home for real comfort." --Jane Austen November/Wisdom: "Sleep is the best meditation." --The Dalai Lama December/Faith: "Peace is always beautiful." --Walt Whitman As poet John Keats wrote, "A thing of beauty is a joy forever," and readers will turn to *Daily Joy* year after year to find wonder, awe, and happiness in the world around them.

## Book Information

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## Customer Reviews

NATIONAL GEOGRAPHIC is one of the world's leading nonfiction publishers, proudly supporting the work of scientists, explorers, photographers, and authors, as well as publishing a diverse list of books that celebrate the world and all that is in it. National Geographic Books creates and distributes print and digital works that inspire, entertain, teach, and give readers access to a world of discovery and possibility on a wide range of nonfiction subjects from animals to travel, cartography to history, fun facts to moving stories. A portion of all National Geographic proceeds is used to fund exploration, conservation, and education through ongoing contributions to the work of the National Geographic Society.

I'm not usually drawn to books that are "inspirational," but I spotted this National Geographic book at a holiday gift fair and was immediately drawn to its sunny cover. Once I opened it, I was completely hooked: each page features a gorgeous Geographic photo paired with a well-chosen quote from a notable person. If you have only a brief moment in your day to stop and be inspired, this book allows you to do that. Turn to any single page and you'll be, as the cover states, uplifted. But trust me: you'll want to settle down with a cup of coffee or tea and page through this little gem of a book for awhile, to remind you of how much beauty and wisdom there is in our world. And, of course, it's great to support a nonprofit as worthy as National Geographic.

Truly beautiful photography and thought provoking succinct quotations. I have been waking up to the news and found myself upset about matters I cannot undo and people I cannot comfort. Waking up now to music and this fine inspiring book gives me a fresh perspective. I began this November, the end of the year and I think it could be picked up on any day. A treasure I hope others will enjoy too.

This is an easy read, uplifting-not the usual flowery boring type, but thoughtfully well written quotes/thoughts for the day-it surprised me-spectacular photographs-so I would say, if you want something to touch you without being the usual things that are out there-this is it!

Striking, full color photographs for every day of the year, reflecting the high quality standards of National Geographic. Each month has a theme reflected in the brief quotations for each day. My only disappointment is that the photo locations/subjects are not identified. I like the size of the volume, which has a little weight to it since they have chosen to print on high quality, glossy paper. This would be a nice gift for someone who may be "spiritual but not religious." The writings come from a variety of people across the spectrum in terms of their theology, field of work, and locations. It is pleasant, engaging way to start your day.

Gorgeous photography. Thought-provoking quotes. The pages are dated, so you could view one for each day or dip into it randomly for inspiration. This is a truly beautiful book, perfect for gift-giving. Surpassed my expectations. A book to savor. Pleasant and restorative. May now have to purchase the other books in this series.

Another amazing book with wonderful, uplifting daily messages and extraordinary images in the photographs from National Geographic. I have given this book as a gift on many different occasions and I have been thanked repeatedly by the recipients.

Love it, love it. Words and pictures. Kind words, pleasant thoughts, colorful pictures. In this world today, I need calming books. It makes my day. Already bought one, and will get more. What a gift.

What a fabulous book! I received it for Christmas, began it Jan 1 and eagerly look forward to starting each day with it. The photographs alone are stunning, meditative, celebratory....and the daily quotes accompanying each picture are fresh, thoughtful and spirit lifting. I recommend this as a gift (I got a copy for my daughter) even though it is March....it's a treasure to dive into again and again.

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